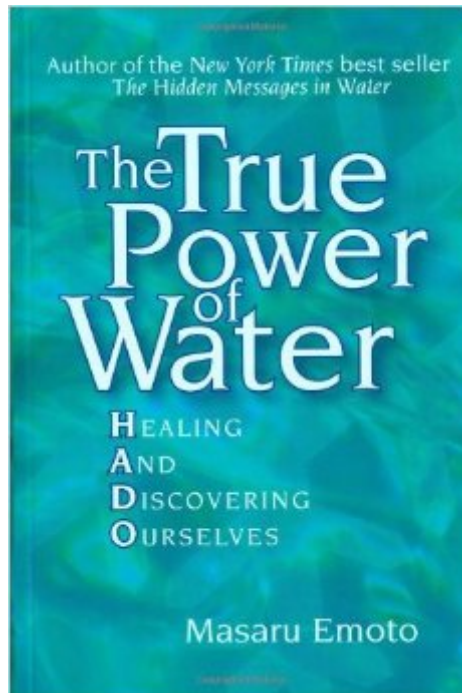


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# The True Power Of Water: Healing And Discovering Ourselves



## Synopsis

Dear Reader, I am honored that you have picked up *The True Power of Water*. In a world of no mistakes, it is not by coincidence that you and I are embarking on this journey. The words and pictures you are about to see will open a new world of possibilities for you -- just as my research has done for me. In this book you will learn of the unique properties of water and its ability to improve your health and your life. You will see the effect each of us has on water -- not only the water we drink but also the water that makes up 70 percent of the human body and, most importantly, what happens to that water as we interact with each other. 2005 marks the beginning of the United Nations Decade of Water. It is our individual responsibility to learn all we can about water, the most precious resource on our planet, and to help shift the consciousness through our thoughts, through our words and prayers, and through our commitment to respect each other with love and gratitude. May our understanding of water help bring peace to all humankind. Masaru Emoto

## Book Information

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## Customer Reviews

I recommend that you read *The Hidden Messages in Water* before this book. I have been interested in learning more about Dr. Emoto's work in water crystal photography since I first saw some of these images at Jack Canfield's Breakthrough to Success seminar in August. My first step was to register at the library to borrow a copy of *The Hidden Messages in Water*. In the meantime, I saw that he would be speaking at the Learning Annex in New York City on October 6, and I went to the lecture. I came away with a stronger desire than ever to learn more, and was positively impressed by Dr. Emoto's sincerity in observing that his work has raised more questions than it has answered.

Finally, *The Hidden Messages in Water* became available, and I read and enjoyed that book. I was pleased to see that it explained more than his lecture. I also ordered a copy of *The True Power of Water* to see what it contains. The book arrived yesterday, and it turned out to be a happy surprise when I read it last night. First, Dr. Emoto explains his research methods more in this book than he did in *The Hidden Messages in Water* or in the lecture. The key piece of new information about the method is that after the water is frozen, the water is thawed. As the ice thaws, crystals begin to form around the edges of the ice. It is those crystals that are photographed by Dr. Emoto's staff. Second, Dr. Emoto tells more about how the discoveries were made and his own background. He doesn't come from a scientific background . . . but rather than a perspective as an interested inquirer. He has gone about this the way most of us might do so. But he has enlisted the help of people with scientific training to help him develop the methods. Third, Dr.

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